**Disabilities/Mental Health**

**Liberal Arts and Behavioral/Social Sciences Division**

This program is designed for students who will work in a variety of mental health settings (many of which have been created through deinstitutionalization) in both the mental health and developmental disabilities fields. Students are prepared for positions in a wide variety of agencies such as crisis centers, community residencies, sheltered workshops, halfway houses, or social rehabilitation clubs, which specifically serve this population.

|  |  |  |
| --- | --- | --- |
| **Course No.** | **Title** | **Credits** |
| HSE\*H101 | Introduction to Human Services | 3 |
| HSE\*H133 | Disabilities and Mental Health | 3 |
| PSY\*H111 | General Psychology I | 3 |
| SOC\*H101 | Principles of Sociology | 3 |
| SOC\*H201 | Contemporary Social Issues |  |
|  | or |  |
| SOC\*H221 | Social Inequality | 3 |
| Elective | Psychology | 3 |
| HSE\*H202 | Introduction to Counseling & Interviewing | 3 |
| PSY\*H258 | Behavior Modification | 3 |
| PSY\*H245 | Abnormal Psychology | 3 |
| HSE\*H281 | Human Services Field Work I | 3 |
|  | Total Credit Hours | 30 |

Program Outcomes

Upon successful completion of all program requirements, graduates will be able to:

1. Demonstrate a beginning understanding of a wide range of diagnoses that relate to people in need of social work service, and be knowledgeable about the necessity of a collaborative relationship with   
   area support.
2. Identify the diverse challenges facing people with mental illness, and use effective advocacy strategies to address such challenges.
3. Describe confidentiality guidelines, and Human Services ethical standards of practice, and recognize his or her own personal limitations and professional behavior as a helper.
4. State the psychological theories that may help the Human Services Provider.
5. Explain what effects the social conditions in the United States have on the developmental disabilities and how to deal with them.
6. Understand sociocultural dynamics that underlay social issues in America today.
7. Be knowledgeable about formal and informal assessment practices that reflect both the needs and strengths of disadvantaged people.
8. Provide disadvantaged people the support and information necessary to build self-esteem and empowerment skills.
9. Apply knowledge and skills needed to work with people with mental illness in a variety of agency settings.
10. Demonstrate the ability to utilize the skills and tasks required for engagement, assessment, case planning, intervention and termination.