***New Degree Program Template - Semester Sequence***

1. The complete name of the competency should be listed first, in alpha order.
2. All fields should include complete course number, title, required credits, total credits and required outcomes.
3. Footnotes should be included at bottom.
4. Outcomes should be listed to the right of the program table.
5. Add additional pages for program description and/or notes that do not fit on this page.
6. If you need to add/delete a row, simply right click and click on insert/delete row/cell

**Academic Catalog Page #**

**Division:** *Allied Health/Nursing/Physical Education Division*

Program Name: Nursing \_\_\_\_\_\_\_Degree or \_\_\_\_\_\_\_\_Certificate *(Put X in one)*

**Program Description**:xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

|  |  |  |
| --- | --- | --- |
| **Competency or Program Requirement** | **Course Number and Title** | Required  Credits |
| **FIRST SEMESTER** |  |  |
| Example:  Continuing Learning and Information Literacy/Ethics | Example: Choose any Continuing Learning/ Information Literacy listed (CSA\*H105 or CSC\*H101 recommended) | Example:  3 |
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| **SECOND SEMESTER** |  |  |
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| **THIRD SEMESTER** |  |  |
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| **FOURTH SEMESTER** |  |  |
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***Program Outcomes***

*Upon successful completion of all program requirements, graduates will be able to:*

1.xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

2.xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx.

3. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

**Total Credits: 62**

Footnotes go here:

xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

Review/edits completed by: Program Coordinator Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Approved by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***SAMPLE - Degree Program Template - Semester Sequence***

1. The complete name of the competency should be listed first in alpha order. Program Requirements follow.
2. All fields should include complete course number, title, required credits, total credits and required outcomes.
3. Footnotes should be included at bottom.
4. Outcomes should be listed to the right of the program table.
5. Add additional pages for program description and/or notes that do not fit on this page.
6. If you need to add/delete a row, simply right click and click on insert/delete row/cell

**Academic Catalog Page # 85**

**Division:** *Liberal Arts and Behavioral / Social Services*

Program Name: Drug and Alcohol Recovery Counselor (DARC)

\_\_\_\_\_\_\_Degree or \_\_\_\_\_\_\_\_Certificate *(Put X in one)*

**Program Description:**xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx

|  |  |  |
| --- | --- | --- |
| **Competency or Program Requirement** | **Course Number and Title** | Required  Credits |
| **FIRST SEMESTER** |  |  |
| Critical Analysis and Logical Thinking/Written Communication | ENG\*H101 Composition | 3 |
| Oral Communication | COM\*H100 Introduction to Communication | 3 |
| Program Requirement | PSY\*H111 General Psychology I | 3 |
| Program Requirement | DAR\*H101 Public Health Issues in Abuse and Addiction | 3 |
| Program Requirement | DAR\*H111 Addiction Counseling I | 3 |
| **SECOND SEMESTER** |  |  |
| Scientific Reasoning◊◊ | DAR\*H158 Biology of Addiction | 3 |
| Social Phenomenon | SOC\*H101 Principles of Sociology | 3 |
| Written Communication | ENG\*H102 Literature and Composition | 3 |
| Program Requirement | PSY\*H245 Abnormal Psychology | 3 |
| Program Requirement | DAR\*H112 Group Counseling Theory & Techniques | 3 |
| **THIRD SEMESTER** |  |  |
| Continuing Learning and Information Literacy/Ethics | CSA\*H105 Introduction to Computer Applications | 3 |
| Quantitative Reasoning◊ | MAT\*H135 Topics in Contemporary Mathematics† or MAT\*H167 Principles of Statistics1 | 3 |
| Scientific Knowledge◊◊ | BIO\*H115 Human Biology | 4 |
| Program Requirement | DAR\*H251 Counseling Internship†† (fall only) | 6 |
| Program Requirement | DAR\*H220 Co-Occurring Disorders Counseling | 3 |
| **FOURTH SEMESTER** |  |  |
| Aesthetic Dimensions/Written Comm. | Choose any Aesthetic Dimensions listed | 3 |
| Historical Knowledge | Choose any Historical Knowledge listed HIS\*H101, 102, 201, 202 | 3 |
| Program Requirement | DAR\*H252 Counseling Internship II2 (spring only) | 6 |
| Program Requirement | DAR\*H213 Addiction Counseling II | 3 |

***Program Outcomes***

*Upon successful completion of all program requirements, graduates will be able to:*

Upon successful completion of the DARC Program the graduate should be able to:

1. Describe the physical, emotional and psychological basis of addiction
2. Define the causes and characteristics of substance dependence and addiction relevant to various populations and cultures
3. Define and apply counseling theories to addiction counseling including Adlerian, Existential, Person-Centered, Harm Reduction, Motivational Interviewing, Gestalt, Reality, Behavior, Cognitive Behavioral, Solution Focused, and Feminist perspectives
4. Define, demonstrate and apply ethical principles and practices according to NAADAC, the CCB, and professional behavior for working directly in the counseling field
5. Demonstrate knowledge and skills related to relapse prevention education and strategies

(continued on next page)

**Total Credits: 64**

*Any given course may only be used to satisfy one of the competency areas even if it is listed under more than one.*

1Mathematics selection from MAT\*H135 for career degree students, or MAT\*H167 for students intending to transfer.

2DAR\*H251 and DAR\*H252 must be completed in consecutive semesters.

◊ MAT\*H137 and courses numbered lower than MAT\*H137 will not transfer to Connecticut State Universities as Quantitative Reasoning courses. ◊◊ At least one Scientific Knowledge and Understanding OR Scientific Reasoning course must have a lab component.

Review/edits completed by: Program Coordinator Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Approved by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Upon successful completion of the DARC Program the graduate should be able to:

1. Describe the physical, emotional and psychological basis of addiction
2. Define the causes and characteristics of substance dependence and addiction relevant to various populations and cultures
3. Define and apply counseling theories to addiction counseling including Adlerian, Existential, Person-Centered, Harm Reduction, Motivational Interviewing, Gestalt, Reality, Behavior, Cognitive Behavioral, Solution Focused, and Feminist perspectives
4. Define, demonstrate and apply ethical principles and practices according to NAADAC, the CCB, and professional behavior for working directly in the counseling field
5. Demonstrate knowledge and skills related to relapse prevention education and strategies
6. Describe the categories of drugs and effects on psychological functioning
7. Describe characteristics of individuals with co-occurring disorders and specific treatment strategies for working with this population
8. Demonstrate the ability to develop, write and implement treatment plans for individuals with addiction and co-occurring disorders
9. Co-facilitate group counseling sessions under supervision
10. Describe the use of case management in the treatment of persons with addiction and co-occurring disorders
11. Demonstrate ability to develop discharge plans for persons with addiction and co-occurring disorders
12. Demonstrate understanding of the screening, intake and evaluation process in addiction and co-occurring disorders treatment
13. Demonstrate ability to keep accurate records of group/individual process, treatment and discharge planning
14. Describe and demonstrate skills involved in crisis intervention
15. Describe the purpose and availability of self-help groups for persons with addiction/co-occurring disorders
16. Describe the effects of substance abuse on the family, educational needs and stages of recovery for families
17. Describe the stages of change model and its application to treatment of addiction and co-occurring disorders
18. Describe the use of multicultural counseling skills to assessment, treatment and aftercare issues of persons of different gender, ethnicity, disability, adolescents, the elderly, GBLT and homeless
19. Describe the transdisciplinary foundations and competencies required of addiction counselor (TAP 21)
20. Describe the use of medication in the treatment of addiction and co-occurring disorders
21. Demonstrate engagement in community service activities to educate others about the process, dangers and treatment of addiction
22. Discuss the purpose of clinical supervision and participate in the supervision process
23. Write a comprehensive case study based on a biopsychosocial assessment, including diagnosis, treatment plan goals and interventions acceptable for submission to the Connecticut Certification Board (CCB).

***Program Outcomes***

**Academic Catalog Page # 85**

**Division:** *Liberal Arts and Behavioral / Social Services*

Program Name: Drug and Alcohol Recovery Counselor (DARC)

\_\_\_\_\_\_\_Degree or \_\_\_\_\_\_\_\_Certificate *(Put X in one)*

**Program Description:**xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx