

# Naugatuck Valley Community College



## PHYSICAL THERAPIST ASSISTANT PROGRAM





**Why should you be a PTA?**



Exciting Rewarding  
Working with people  
Teamwork  
Responsibility  
Endless opportunities  
HELPING OTHERS

<https://www.youtube.com/watch?v=r35FQT3u0J4>





# What is a PTA?

# PTA



- A PTA is a health care provider who works under the direction and supervision of a Physical Therapist (PT).
- The education of a PTA requires that the candidate earn an Associate Degree meeting criteria set by the Commission on Accreditation in Physical Therapy Education (CAPTE).

# CAPTE



The Physical Therapist Assistant Program at Naugatuck Valley Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone: 703-706-3245; email: [accreditation@apta.org](mailto:accreditation@apta.org); website: <http://www.capteonline.org>.



**Why should you  
choose NVCC?**

# Our Mission



**The Physical Therapist Assistant (PTA) Program is committed to high standards as it educates students with the knowledge, clinical skills, professional behaviors, and core values essential to evidence-based and culturally competent care.**



# Our Vision



The program emphasis on technology and communication facilitates learning in the classroom and the clinic as the program endeavors to educate students who:

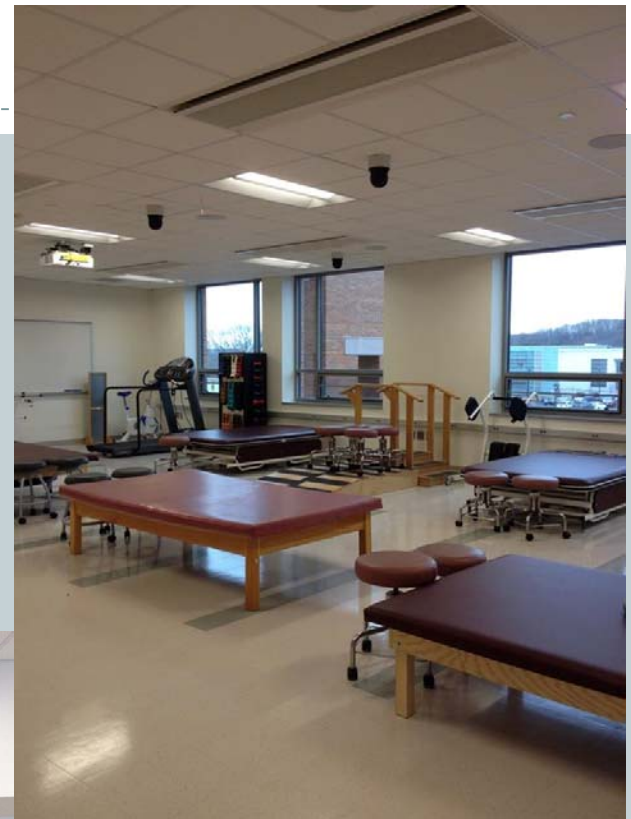
- strive for excellence as physical therapist assistants
- commit to high ethical standards
- appreciate and value racial, social, economic, and cultural diversity
- utilize critical reflection
- invest in community involvement
- engage in lifelong learning

# Our Faculty

talented motivating studentcentric  
compassionate **dedicated** absolutely  
amazing helpful kind supportive  
inspiring fantastic  
awesome knowledgeable  
brilliant caring friendly  
experienced sincere smart special  
wonderful challenging

encouraging knowledgeable  
splendid **caring** personable  
organized  
amazing **lit** kind wonderful  
funny helpful fantastic supportive  
flexible stupendous experienced  
approachable

# Our facilities





**What does the curriculum look like?**

# Associate of Science Degree in Physical Therapist Assistant



- **Five semester program**
  - Including admission requirements
- **Two year curriculum in PTA Program**
  - Art and science courses integrated with specialized physical therapy studies
  - Academic and clinical coursework
  - Critical thinking and decision-making
  - Professional behaviors
  - Effective communication skills
  - Documentation

# **First Semester (Spring)**



PTA* H120	Introduction to Physical Therapy	3 credits
PTA* H125	Physical Therapy for Function	4 credits
PTA* H130	Clinical Anatomy/Kinesiology	3 credits
BIO* H212+	Anatomy & Physiology II#	<u>4 credits</u>
		14 credits

# Must be completed within the past 5 years with a C+ or higher.

# **Second Semester (Fall)**



PTA* H145	Physical Agents in Physical Therapy	3 credits
PTA* H150	PT Interventions I	4 credits
PTA* H155	Pathology for PTA I	3 credits
ENG* 102 or 200	Literature and Composition or Advanced Composition	<u>3 credits</u>
		13 credits

# **Third Semester (Spring)**



PTA* H251	PT Interventions II	3 credits
PTA* H255	Pathology for PTA II	3 credits
PTA* H258	PTA in the Healthcare Arena	2 credits
Elective+	Aesthetic Dimensions / Written Communication	<u>3 credits</u>
		13 credits



# **Fourth Semester (Fall)**



PTA* H260	Physical Therapy Seminar	2 credits
PTA* H262	PTA Internship II	5 credits
PTA* H265	PTA Internship III	<u>5 credits</u>
		12 credits
General Education Credits	23 credits	
PTA Credits	<u>40 credits</u>	
<b>Total Program Credits</b>	<b>63 credits</b>	



**How do I apply?**

# PTA Application

It is your responsibility to carefully read the PTA Application



- All admission requirements must be completed by **7/1/2018**, including submission of proof of documentation of meeting the requirements.
  - Including but not limited to any CLEP test, course substitutions, and credit by exam.
- Official final transcripts from **all** previously attended colleges/universities, regardless of age of transcripts and applicability to the PTA Program must be submitted by the deadline. This includes college credits earned while in high school.

# Admission Requirements



BIO* H211+	Anatomy & Physiology I#	4 credits
ENG* H101+	English Composition	3 credits
Elective+	Mathematics # (higher level than MAT* H136/H137)	3 credits
PSY* H111+	General Psychology I	<u>3 credits</u>
		13 credits

+ No more than 2 courses can be in progress for summer 2018.

# Must be completed within the past 5 years with a C+ or higher.

# PTA Admission Requirements for the January 2019 cohort



- **Mathematics Elective:**

- Higher level than H136/H137 (higher than Intermediate Algebra)
- Minimum C+
- Within 5 years prior to entering program

“Five (5) years prior” is defined as having completed the course during Spring semester 2014 or later.

- **Anatomy & Physiology (A & P) I**

- Bio H211 (4 credits)
- Minimum C+
- Within 5 years prior to entering program

“Five (5) years prior” is defined as having completed the course during Spring semester 2014 or later.

# PTA Admission Requirements for January 2019 cohort



- **English Composition, ENG H101**
  - Minimum C
  
- **Introduction to Psychology, PSY 111**
  - Minimum C

# PTA Admission Requirements for January 2019 cohort

## ● **ATI TEAS**

ATI TEAS with score equivalent to 60% or higher required

- Official test scores must be submitted by the application deadline, if not taken at a CT Community College. Test scores will be valid for three (3) years and must be taken between 7/1/15 to 7/1/18.
- Students with higher scores on these tests are stronger candidates.
- Students can take test multiple times-highest score utilized.

# PTA Admission Requirements for January 2019 cohort

## **ATI TEAS Test Info**

Testing schedules and registration info, visit:

[www.atitesting.com](http://www.atitesting.com)

▪ A study manual for the test visit:

[www.atitesting.com](http://www.atitesting.com)

Any further questions, contact Jessica Miller  
([jmiller1@nv.edu](mailto:jmiller1@nv.edu)) or the testing center:

[203-575-8215](tel:203-575-8215)



# PTA Admission Requirements for January 2019 cohort

Applicants will be considered stronger candidates for admission if they have the following by the application deadline:

- Earned a Bachelor's degree.

AND/OR

- Completed all general education courses in the PTA curriculum according to program requirements.

# PTA Admission Requirements for January 2019 cohort



- **PTA GPA: 2.7 Minimum**
  - Calculation specific to PTA applicants
  - May differ from your college GPA
  - Calculated according to courses required for admission and PTA degree and completed by application deadline.

# PTA Admission Requirements for Incoming January 2018



- All applicants should attend a PTA Information Session and sign into session.
- Documented observation hours:
  - Minimum 10 hours in an in-patient physical therapy setting
  - Minimum 10 hours in an out-patient physical therapy setting
  - Totaling **minimum 20 hours**
    - More hours does not give you an advantage!
  - **MUST BE HANDED IN BY THE APPLICATION DEADLINE OR YOU WILL NOT BE ELIGIBLE FOR ADMISSION**  
**Submit with your application to the Admissions Office.**

# Ranking Formula for Admission



PTA GPA	40%
A & P I	20%
Math (higher level than H136/H137)	20%
ATI TEAS	20%

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+1 point: earned Bachelor's degree by 7-1-18

+1 point: completed all general education courses in PTA curriculum by 7-1-18

**Applicants will be ranked with the top 30 accepted into the program.**

# Admissions Decisions



- **Competitive selective admissions program**
- **Up to 30 applicants admitted each year**
- **Any student denied admission this admission cycle, will need to REAPPLY in the following application cycle.**

# Observation of a PTA Laboratory Class



- Meet PTA faculty
- Interact with current PTA students
- Appreciate the type of information & skills you will be learning
- Not required but recommended

Please contact Cheryl Marie at 203-596-2157 or [cmarie@nv.edu](mailto:cmarie@nv.edu), to schedule an observation.



**What do I need to know if I'm accepted?**

# Accepted Students



- Must declare intent to attend by deadline
- Prior to enrolling must:
  - Complete a criminal background check
  - Pass a drug test
- Students who do not pass the **background check** may be excluded from clinical sites and may not be able to meet the competencies required for the program.
- Students who do not pass the **drug test** will not be allowed to enroll. Their spot will be given to the next person on the wait list.



# Program Requirements



- Complete & submit all health requirements according to deadlines given.
- Become student member of the American Physical Therapy Association. (\$90/year)
- Obtain certification in First Aid & Healthcare Provider CPR.
  - American Heart Association or American Red Cross

# Program Requirements



- A grade of "C" or higher must be attained in all physical therapy courses and all courses required for the degree.
- Students must maintain a 2.33 or higher PTA GPA while in the program.
- A grade of "P" (pass) must be attained in all clinical education components to meet the degree.

# Additional Requirements



- **Tuition & Fees**
- **Books**
- **Criminal background check (annual)**
- **Attire for clinical education experiences**
- **Licensure review course**
- **Transportation**
- **Complete & verify all required immunizations**
- **Purchase of goniometers/PTA kit 1<sup>st</sup> or 2<sup>nd</sup> semester**

# Clinical Education



- Clinical learning is held at a variety of healthcare sites throughout Connecticut (CT) and these clinical sites are assigned at the discretion of the PTA faculty.
- Students may be required to travel over seventy- five (75) minutes to their experiences.
- Students are required to provide their own transportation, living expenses (as necessary), and any other expenses while on clinical education experiences.

# Considerations for Success



- Sufficient reading time, study time and practice.
- Attendance to Open Lab.
- Additional 2-3 days on campus outside of class time.
- Curriculum more challenging each semester.
- Work hours to minimum-students who work more than 20 hours per week, in general, struggle and have difficulty continuing to be successful in the program.

# Considerations for Success



- You are entering a healthcare career **program of study**- not just taking additional classes.
- You will be preparing to take a national licensure exam.
- You will have the responsibility for caring for patients.
- In addition to learning knowledge and skills, you will be expected to demonstrate professional behaviors in all classes & clinical experiences.

# Further Questions???



- **Current & former NVCC students contact:**
  - Center for Academic Planning & Student Success (CAPSS) office
  - 203-575-8025
  
- **New students, contact:**
  - Admissions office
  - 203-575-8080

# Reminders



Please note: this information is in regard to the 2018 application cycle for the incoming 2019 class.

**Admission requirements may change without notice.**

It is your responsibility to ensure you are aware of the most updated information.



# PTA Program Information Sessions



- Check PTA webpage, [www.nv.edu/pta](http://www.nv.edu/pta), for upcoming information sessions.
- Sessions are held at NVCC in Founders Hall, F 207 (PTA Classroom).
- RSVP not required.



**Remember.....**

# OPPORTUNITIES



*ARE ENDLESS!!!!!!*



**Thank You For Your Time**



**Good Luck in Your Future Goals!!**

*The PTA Faculty & Staff*