

MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR ADULTS
GREATER WATERBURY AND DANBURY AREA (REGION 5)

24- HOUR CRISIS HOTLINES AND EMERGENCY INFORMATION

CNV HELP/Renauto (Waterbury) Substance Abuse Walk-In Assessment Center.....	(203) 754-0322
Connecticut Problem gambling	
Danbury Hospital Crisis line.....	(203) 739-7007
DMHAS 24 Hour call center for Opioid Treatment and Services.....	1-800-563-4086
Helpline.....	1-800-273-TALK (8255)
INFOLINE (Statewide)	211
National Suicide Prevention Hotline.....	1-800-273-TALK (8255)
Waterbury Area Hotline and Mobile Outreach 918 and over)	1-866-794-0021
Waterbury Crisis Services.....	(203) 573-6500
Western CT Mental Health Network-Waterbury Area.....	1-888-447-3339
Western CT Mental Health Network - Torrington Area.....	1-888-447-3339

MENTAL HEALTH SERVICES

Ability Beyond Disability, Bethel.....	(203) 775-4700
Catholic Charities - 30 Main Street, Danbury	(203) 743- 4412
Outpatient or Partial Hospitalization mental health facility	
Catholic Charities – 56 Church Street, Waterbury	(203) 596-9359
Central Naugatuck Valley HELP, Inc., Waterbury (Outpatient treatment, co-occurring disorders).....	(203) 754-0322
CNV HELP, Inc. Rev Ed Dempsey Program (residential program)....	(203) 756- 8984
Charlotte Hungerford Hospital.....	(860) 496-6350
Community Health Center, Waterbury	(203) 574-4000
Danbury Hospital - Community Psychiatric Center	
152 West Street.....	(203) 207-5480
Danbury Hospital –Psychiatry and Behavioral health	1-800-516-3658
Family Intervention Center, Waterbury	(203) 753-2153
Guardian Ad Litem Services, Inc.....	(203) 723-4332
Housatonic Valley Coalition Against Substance Abuse	(203)743-7741
Mental Health CT (Danbury, Waterbury, Torrington).....	(860) 529-1970
Newtown Youth and Family Services, Newtown	(203) 270-4335
New Milford Hospital.....	203-355-2611
Staywell Health Center, Waterbury	(203) 756-8021
St Mary’s Hospital Behavioral Health (Outpatient, Intensive Outpatient ,Inpatient)	(203) 709-6201
Waterbury Hospital Behavioral Health (Outpatient, DBT, IOP, Inpatient).....	(203) 573-7097
Waterbury Hospital Gero-psych Program	(203) 573-7097
Waterbury Youth Service System.....	(203) 573-0264
Western CT Mental Health Network - Danbury Area.....	(203) 448-3200

SUBSTANCE ABUSE SERVICES AND RESOURCES

Alcoholics Anonymous (AA), Alanon, Alateen.....1-866-STEPS12 or 1-866-783-7712
Access to Recovery (ATR) (helps pay for support and recovery services) .. 1-866-580-3922
CNV HELP, Inc. Renato Network (Outpatient, IOP, Opioid Treatment)..... (203) 754-0322
Connecticut Counseling Center, Danbury..... (203) 743-7574
Connecticut Counseling Center, Waterbury..... (203) 568-7474
CT Narcotics Anonymous Statewide 24/7 Hotline:1-800-827-3543
Department of Social Services (DSS) Information Line and Benefits Center...1-855-626-6632
Gambler's Anonymous Hotline.....800-346-6238
Highwatch Farm- Residential Substance Abuse Treatment, Kent, CT
McCall Foundation, Inc., Torrington..... (860) 496-2100
Mountainside – Substance Abuse Treatment, Detox, residential treatment services
Canaan, CT (860) 824-1397
Narcotics Anonymous (NA).....800-627-3543
Midwestern CT Council on Alcoholism, Inc. (MCCA), Danbury.....(203) 792-4515
New Milford Hospital, 21 Elm Street, New Milford,,,,,,,,,,,,,.....(203) 355-2611
Rushford (residential) Cheshire Office1-877-577-3233
St Mary's Hospital Behavioral Health (Outpatient, Intensive Outpatient, Inpatient)
..... (203) 709-6201
Staywell Health Center, Waterbury (203) 756-8021
Waterbury Hospital/West Main Behavioral Health (Outpatient, DBT, IOP, Inpatient, Suboxone
Treatment if started during IOP)..... (203) 573-7097
Wellmore Behavioral Health..... (203)755-1143

FAMILY SUPPORT

Catholic Charities - 30 Main Street, Danbury (203) 743- 4412
Catholic Charities Family Service Center, 56 Church Street, Waterbury (203) 755-1196
Danbury Department of Social Services (DSS), 342 Main Street, Danbury..... (203) 207-8900
Waterbury Department Social Services (DSS), 249 Thomaston Avenue,
Waterbury..... (203) 597-4000
NAMI – Waterbury (family Support group, separate spousal support groups).... (860) 274-5841
NAMI – Connecticut (800) 215-3021
Protective Services for the Elderly..... (860) 465-3550

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES (DMHAS)-FUNDED PROGRAMS

Catholic Charities - 30 Main Street, Danbury (203) 743- 4412
Catholic Charities – 56 Church Street, Waterbury (203) 596-9359
Center For Human Development/Adult Mental Health (residential Services) (203) 596-9323
Central Naugatuck Valley HELP, Inc., Waterbury..... (203) 754-0322
Human Resources Development - Discovery Center..... (203) 805-5336
Kennedy Center (Supported Employment (203) 573-9077
Mental Health Connecticut
- Residential services(203) 757-8153
- Supported employment Services(203) 757-5431
- WISE Program for age 55 or over(203) 527-3145
- The Independence Center (Recovery Resource Center)(203) 757-0567
St Vincent DePaul Mission of Waterbury (residential Services) (203) 757-0567

SELF, Inc. (Residential Services) (203) 759-2074
Warmline for DMHAS –enrolled clients (Mental Health Support) (860) 482-1783
Western CT Mental Health Network – Waterbury (ABI/TBI services, Community Support
Program/Case Management, Crisis Intervention, Homeless Outreach, Jail Diversion, Outpatient
Clinical Services)(203) 805-5300
Western CT Mental Health Network - Danbury Area..... (203) 448-3200

USEFUL WEBSITES

Buprenorphine (Suboxone) Treatment (Opiate Treatment) Practitioner Locator
<https://www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator>

National Institute for Mental Health (NIMH) <https://www.nimh.nih.gov/health/find-help/index.shtml>

Opioid Treatment Programs in Connecticut (SAMSHA)
<http://www.ct.gov/dmhas/cwp/view.asp?q=335226>

SAMSHA Behavioral Health (mental health and substance abuse) Treatment Services Locator
(<https://findtreatment.samhsa.gov/>)

Waterbury Homeless Shelters and Services <https://www.homelessshelterdirectory.org/cgi-bin/id/city.cgi?city=Waterbury&state=CT>